

PATIENT NEWSLETTER



HAY FEVER

HAYFEVER SEASON IS UPON US; IF YOU SUFFER NOW IS THE TIME TO ORDER YOUR PRESCRIPTIONS OR STOCK UP ON ANTIHISTAMINES FROM YOUR PHARMACY.

YOUR LOCAL PHARMACY CAN ADVISE YOU ON OTHER REMEDIES AVAILABLE TO HELP WITH SYMPTOMS.

MY BEST LIFE

Want to know more about activities and self help groups in the local area? Feel like you need a change in your life & want to participate in group events? Or just generally fed up? Contact us and let us refer you on to this fantastic new service which can help.

DEMENTIA CHAMPIONS

The practice is in training to become dementia friendly. We have two dementia champions on site who can signpost patients living with dementia and/or their carers to groups within Barnsley specifically set up to help. There are a vast range of events happening throughout Barnsley and there are also lots of groups just waiting to help.

CARERS EVENT—THURSDAY 15 JUNE 11AM TO 3PM GARLAND HOUSE SURGERY

We are aware that a lot of our patients are carers; looking after loved ones in their own homes.

We have arranged the above event & representatives from local groups will be on site to give help & advice.

We look forward to seeing you then!



For practice training on:-

17 May 2017

14 June 2017

19 July 2017

18 August 2017